



Tosa Aquatic Club (USA Competitive Swim Team)

Competitive swim program for children between the ages of 6 and 18 who can swim a minimum of 25 yards each of front and back crawl. Please go to the team website to view level descriptions available under the “Want to Join” tab: <https://www.teamunify.com/Home.jsp?team=wits>

Coaches have Lifeguarding, CPR and AED certifications and are USA coach-certified. The team competes year-round in local and State USA meets.

Practice locations/times subject to change depending on time of year, watch for Team Calendars and Emails

Long Course Season			March 19-August 2		
March 11-June 13			June 17-August 8		
Iron	\$155/\$205 NR	342000-01	Iron	\$155/\$205 NR	442000-01
Bronze	\$165/\$215 NR	342000-02	Bronze	\$165/\$215 NR	442000-02
Silver	\$175/\$225 NR	342000-03	Silver	\$175/\$225 NR	442000-03
Gold	\$185/\$235 NR	342000-04	Gold	\$185/\$235 NR	442000-04
Junior	\$195/\$245 NR	342000-05	Junior	\$195/\$245 NR	442000-05
Junior+	\$230/\$280 NR	342000-06	Junior+	\$230/\$280 NR	442000-06
Senior	\$230/\$280 NR	342000-07	Senior	\$230/\$280 NR	442000-07
Senior+	\$230/\$280 NR	342000-08	Senior+	\$230/\$280 NR	442000-08

Spring Schedule: March 11-June 13

Iron	6:15-7:00pm
Bronze	7:05-8:05pm
Silver	6:15-7:30pm
Gold	6:15-7:45pm
Junior	6:15-8:00pm
Junior+	4:15-6:15pm
Senior	4:15-6:15pm
Senior+	4:15-6:15pm

Summer Schedule: June 17-August 8

Iron	4:45-5:30pm MW @TP, 4:30-5:15pm TTh
Bronze	5:35-6:35pm MW @TP, 5:20-6:20pm TTh
Silver	4:45-6:00pm MW @TP, 4:30-5:45pm TTh
Gold	4:45-6:15pm MW @TP, 4:30-6:00pm TTh
Junior	7:30am-9:15am MW @TP, 2:30-4:15pm TTh, 7:00-8:45am TThF @Whit
*Junior+	7:30-9:30am MW @TP, 2:30-4:30pm TTh, 7:00-9:00am TThF @Whit
*Senior	7:30-9:30am MW @TP, 2:30-4:30pm TTh, 7:00-9:00am TThF @Whit
*Senior+	7:30-9:30am MW @TP, 2:30-4:30pm TTh, 7:00-9:00am TThF @Whit

*Junior+ and Senior groups will have added MW afternoon practices during the summer school dates (6 weeks).

Please note: USA Registration (~\$70) and meet fees are additional and paid to team.

Meet registration for summer is done prior to the Spring session.

Registration for Resident New members started February 21, Non-Residents on February 25 as advertised in Winter/Spring Guide