



Position Title: Group Fitness Instructor, Land-Based

Department / Location: Recreation Department

Job Classification: Part-Time

Reports to: Recreation Program Coordinator

Supervises: N/A

Position Summary: The Land-Based Fitness Instructor is responsible instructing a group fitness class, which may vary in size and ability, at various Wauwatosa School District schools. A successful candidate will possess knowledge of current trends, dependability, commitment to improving the health and fitness of participants and strong communication skills with the Recreation Program Coordinator and class participants. Classes to be offered include, but limited to, Zumba or other dance-related fitness, H.I.I.T., low intensity classes, functional fitness classes, Yoga, Pilates, and aerobic. Various equipment provided include, but not limited to, hand weights, kettlebells, resistance bands, steps, Vari-roll Ab and Glute Roller.

Qualifications:

- Experience teaching the style of class offered
- Possess excellent interpersonal and communication skills
- Group fitness certification not required, but preferred.
- A professional appearance
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Essential Job Functions:

- Instructor must report 15 minutes prior to the start of the class and must start and end classes at their scheduled times.
- Instructor is to help take attendance at each class and keep accurate class lists.
- Inform Supervisor if a participant is in the wrong class or not on their attendance list.
- In case of emergency absence from an assignment, an instructor must inform their supervisor in advance in case of absence and provide a lesson plan and class list for the Substitute Instructor, if there is one.
- Support the development and delivery of fitness programs.
- Assist members in reaching individual goals.
- Motivate participants in a positive and fun manner.
- Ensure the safety of clients during training sessions.
- Attend staff meetings and in-services when they are scheduled.
- Maintain positive public relations with participants

Physical Requirements:

- The employee must be able to complete all physical requirements of the job with or without a reasonable accommodation. Physical requirements will include sitting, standing, walking, lifting, carrying, reaching, pushing, pulling.



By signing this job description, I acknowledge that I have read and understand the duties, qualifications and requirements of the position. My signature further attests that I am able to perform the essential functions of this position with or without a reasonable accommodation. I understand that this job description does not represent a contract of employment and that the Wauwatosa School District reserves the right to change duties, responsibilities or activities with or without notice.

Employee Signature

Date Signed