



Fall Adult Dance Classes



Ballet Fitness

Ages 13+

Channel your inner dancer with a ballet inspired workout. This class will help develop lean muscle mass while improving your balance, flexibility, and range of motion.

Slim, trim and strengthen your abs, glutes and legs. Leave the class feeling nimble & relaxed. Bring a mat.

Instructor: Emily Rhodes

\$51/ \$66 Non-resident

Jefferson Gym

Tu 11/7 - 12/15 5:45 - 6:30pm 173088-02

Civic Center (Lower Hall)

W 11/18 - 12/16 8:30 - 9:15am 173088-04

Barre Tone & Fit

Ages 16+

Barre is a low impact workout combining movements from ballet, Pilates and yoga. Bring a mat and small weights if you have them.

Instructor: Jessica Blazekovic

Civic Center (Lower Hall)

\$26 / \$36 Non-resident

Th 10/15- 11/5 6:15 - 7:00pm 173087-01

Th 11/12 - 12/17 6:15 - 7:00pm 173087-02



PAGE AS WE WILL UPDATE IT WITH OUR WINTER OFFERINGS.

Recreation Department Registration Form

One household only – Please print clearly in ink.

Each adult participant must sign below. The signature of a parent or legal guardian is required for youth registration.

I, the undersigned or parent/guardian of the individual(s) named below, do hereby agree to indemnify and hold harmless the Wauwatosa School District and its employees, officers and agents from and against any and all liability resulting from participation in the activities listed below. I understand that the program(s) in which I am enrolling, like all activity programs, has some inherent risk, for which I agree to assume the liability. Furthermore, the individuals named herein are in good physical health appropriate for the activities in which they will be participating. I understand that the Wauwatosa School District does not provide accident insurance.

Signature (Participating adult OR parent/guardian of minors listed below) _____ Signature (Participating adult #2) _____

Household Information

Name(s) of Head(s) of Household: _____ Email _____
 Address _____ City _____ ZIP _____

Home Phone _____ Work Phone _____ Cell Phone _____
 Office Use Only
 \$ _____
 Date _____
 Initials _____

Please list more than one choice of a class. If your first choice is filled, we will try your second choice. If both are filled, we will contact you.

Program Choice	Class Name	Activity Number	Participant's Name (Include First, MI and Last Name)	Date of Birth	Grade 2019-20	School	Fee
1st Choice		__ __	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$
Alternate		__ __	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$
1st Choice		__ __	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$
Alternate		__ __	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$
1st Choice		__ __	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$
Alternate		__ __	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$
1st Choice		__ __	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$
Alternate		__ __	Name: _____ <input type="checkbox"/> Male <input type="checkbox"/> Female				\$
SportCamp/Tball/Softball							
T-Shirt size (if applicable)							
Name:	YS YM YL AS AM AL XL		Name:	YS YM YL AS AM AL XL			Activity Guide descriptions will specify "includes t-shirt". T-shirt size will not be guaranteed after 14 days prior to start date.
Name:	YS YM YL AS AM AL XL		Name:	YS YM YL AS AM AL XL			

Special considerations (medical, physical): _____ My child will need physical assistance and/or additional supervision to participate.

MasterCard VISA _____ / _____ Exp. Date _____ / _____ 3 Digits on Back _____ Cardholder's Signature _____

Mail to: Wauwatosa Recreation Department 11324 W. Center St, Wauwatosa, WI 53222 Make all checks payable to Wauwatosa Recreation Department.

Email to: fosarec@wauwatosa.k12.wi.us

Fax to: (414)773-2920

Please note: For program promotion purposes, photographs may be taken of participants. If you do not wish to have your photo taken, please notify the photographer or instructor.