

Today is Monday, September 16th
Today's Lunch is a Corn Dog
Tomorrow's Breakfast is French Toast Sticks

DECA

Attention all students! Do you want to learn how to become strong, independent leaders or entrepreneurs? Do you want to give back to the community you live in? Do you just want an extracurricular activity that colleges love to see on a resumé? If any of those things are true, then Tosa East DECA is for you! We will be holding our first meeting next Wednesday, September 18 at 7:30 PM. Bring your \$25 DECA dues and a friend. Everyone who pays your dues at or before the meeting will be entered into a drawing to win some DECA swag. We hope to see you there!

National Art Society

Art Student's, interested in joining National Art Honor Society! join us this Friday Sept. 20th, in room 170 after school for an informational meeting.

HOSA- Future Health Professionals

Our 1st meeting is this week on Thursday, Sept 19th. Join us to find out what HOSA is all about, get Fall Conference info, and tour the NEW CNA Room. Room 187 at 3:20. See you there.

Student Services

Attention Seniors! This is a reminder of the two senior breakout sessions happening during both lunches today. College Applications, ACT, and sending transcripts will take place in the library. Please bring your chromebook. The military session will take place in the Career Center.

Swim and Dive

The Swimming and Diving team placed 6th in the Nicolet Sprint Invite.

- Placing 1st was the 200 Free Relay of Anne Marie Tuffnell, Stella Gabor, Nadya Madhasian, Ellie Cady, Molly Cole, Maddie Bartz, Ellie Owley, and Lauren Wunderlich
- Stella Gabor 2nd in 50 Back, 8th in 100 Individual Medley.
- Maddie Bartz 8th in 50 Back
- Other top finishers: Norah Tait, Ava Beisenstein, Brienz Ottman, Lauren Wunderlich, Anne Marie Tuffnell, Caroline Minix, and Ellie Owley

Forensics

If you are interested in joining the forensics team, you have until the end of this week to sign up. Email Mr. Balcerak or stop by room 274 for more information.

Raise Your Voice

New this year: the Tosa East Psychology club and "Raise Your Voice" chapter. "Raise Your Voice" is a high school based division of the National Alliance on Mental Illness. This club will focus on raising mental health awareness among students and the community, as well as empower students to take care of your mental health and wellness. Join us for our first meeting this Thursday Sept. 19th after school in Room 256. Contact Ellie Cady, Michela Miller or Mrs. Dederich with any questions.

Career Center

Northland College has scheduled a college visit TODAY in the career center during 7th hour. Also, Tuesday Sept. 17th Loyola University of Chicago will be in the Career Center 1st hour and the University of WI Green Bay will be in Career Center during 6th hour.

BSU

Black Student Union will have a lemonade chat today after school in Room 280. Please come to learn about Black Student Union at Tosa East and leadership positions this year. All are welcome!

Student Council

If you would like to bring a guest from another school to the Homecoming dance, a guest pass must be completed prior to purchasing tickets. The guest pass does require a signature from a guest student's parent/guardian and their school's principal. The guest forms are currently available in the main office and Student Services. If you have questions about the guest pass please see Mrs. Carter or Ms Tierney.

Amnesty International

Hey East, the first meeting for Amnesty International will be Monday, September 16th after school in Mr. McHugh's room, room 252, in the Social Studies hallway. We welcome any and all students who care about human rights and what is going on elsewhere in the world. Our meetings will be twice a month and will occur on Mondays. Hope to see you all there.

The Cardinal News

Did you know that Tosa East's school newspaper, The Cardinal News, is completely student created? Well, it is, and it's a great, low-commitment way to get involved in student journalism, boost a resume, and meet new people! So, please come to our first newspaper meeting of the school year, after school on Tuesday, September 17th in Ms. Sampson's room--room 268. If you're interested in writing, photographing, and/or creating visuals for the school newspaper, please come to this meeting after school on the 17th. If you're interested but can't make the meeting, please email Ms. Sampson and/or Eva Offutt.

Have a great Monday, Red Raiders!