

Today is Monday, October 21st
Today's Lunch is a Corn Dog
Tomorrow's Breakfast is French Toast Sticks with Syrup

Career Center

College Visits for **TOMORROW** - Tuesday October 22:

Lewis University (IL) - 1st hour

University of Nebraska -Lincoln - 6th hour

Tosa East Football

Tosa East Red Raider football will be taking on Milwaukee South this **Thursday** (10/24) at Pulaski High School, which is on 27th and Oklahoma Ave in Milwaukee. The game will be at **7:00 PM**. We look forward to seeing you at the game!

Voice of Democracy Council

The Voice of Democracy is an annual speech writing contest that celebrates what it means to be American. This year's theme is "What Makes America Great." The top 3 speeches in our receive a cash award, and the national winner receives \$30,000. If you are interested in participating in this contest, please stop in Ms. Biebel's classroom, room 270 to receive the details. All grade levels are invited to participate.

Ski Team

Get ready for winter!! The Wauwatosa Alpine Ski Race Team is having a meeting here at Tosa East in the Learning Center **TODAY** at **4:00pm**. This is an informational meeting for all interested. We will have handouts and the Race schedule available as well as instructions for sign up.

Raise Your Voice Psychology Club

Psychology club is hosting a guest speaker **TODAY Monday, October 21st** right after school in **Room 280 (the lecture hall just past the library)**. The speaker is Dr. Dykstra, a psychologist who works for the Department of Health and Human Services in Milwaukee County. He works with many teenagers and is very knowledgeable about mental health. Dr. Dykstra will talk about how he started his career and discuss some of his training, including FBI training. This is an awesome opportunity for people who

are interested in mental health or may want to go to school for psychology. You do not need to be in the club to come and all attendance is welcome! Thank you!

HOSA-Future Health Professionals

Hello Tosa East, Did you know that there are 1212 students at our school? Yes, that's right, 1212 students. That means that if everyone brought 1 pair of new or gently used socks, we could donate 1212 pairs to people in need. So, let's make this an absolutely Stupendous Socktober! Bring your socks to school for the Advisory Challenge!

Have a great Monday!