

**Today is Wednesday, October 16th**  
**Today's Lunch is a Toasted Cheese Sandwich**  
**Tomorrow's Breakfast is a Sausage and Cheese Muffin**

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### **TE Democrats**

Attention all Tosa East Democrats, there is another meeting this **Thursday, October 17th** after school in room 253. We look forward to seeing you there!

### **Ski Team**

Get ready for winter!! The Wauwatosa Alpine Ski Race Team is having a meeting here at Tosa East in the Learning Center at **4 pm Monday, October 21st**. This is an informational meeting for all interested. We will have handouts and the Race schedule available as well as instructions for sign up.

### **Student Services**

Do you have an interest in the **manufacturing field**? **GPS** is a program that offers a unique opportunity to get hands on experience and eventually work as an apprentice in the manufacturing field. Please see **Mrs. Bratcher in Student Services** if you are interested in learning more about GPS.

### **Career Center**

College visits for **Thursday, October 17th**:

Gettysburg college (PA) 1st hour

DePaul University (IL) 2nd hour

St. Ambrose University (IA) 3rd hour

California College of the Arts 6th hour

### **Raise Your Voice Psychology Club**

Your Raise Voice psych club is meeting **Thursday, October 17th in Room 256 after school**. Anyone is welcome to join us for any meeting - come gather with students working to raise awareness about mental health issues and psychology here at East.

**ALSO:** Psychology club is hosting a guest speaker on **Monday, October 21st** right after school in **Room 280 (the lecture hall just past the library)**. The speaker is Dr. Dykstra, a

psychologist who works for the Department of Health and Human Services in Milwaukee County. He works with many teenagers and is very knowledgeable about mental health. Dr. Dykstra will talk about how he started his career and discuss some of his training, including FBI training. This is an awesome opportunity for people who are interested in mental health or may want to go to school for psychology. You do not need to be in the club to come and all attendance is welcome! Thank you!

## **Athletics**

The Varsity Boys Volleyball game **TODAY** - Wednesday, October 16th against Tosa West is part of the Greater Metro Conference tournament. Student Activity Passes will not be accepted at this game. All students must pay the \$4 entry fee. Please come prepared to pay the admission at the door tonight. Go Raiders!!

## **HOSA-Future Health Professionals**

HOSA Is sponsoring “**socktober**,” a drive to collect new or gently used socks for those in need. Please collect socks in your advisories, and the advisory with the most pairs of socks will win a yummy treat!

***Donate any day to your advisory class until October 23,  
and remember October is “socktober”!***

## **Calling All Bowlers**

If you like bowling and are interested in competing with other high school bowlers in the area, the new Bowling Club is just right for you. Weekly practices will be held at Bowlero on **Mondays at 4:30 pm beginning on November 11**. There will be 14 weekly competitions that will take place on Thursday evenings or Saturday mornings for 12 weeks. ***You must sign up before November 1st***. Stop in the office for a flyer, or check out the information on one of the bulletin boards on the first floor.

**Have a great Wednesday!**