

Today is Tuesday, October 1st
Today's Lunch is Rib-B-Que
Tomorrow's Breakfast is Sausage Breakfast Pizza

Start with Hello.

A person's name is the greatest connection to their own identity and individuality. Some might say it is the most important word in the world to that person. When people say our name, we feel respected and more important. Today use name tags and say hello to people using their name. Your challenge is this: **Say "hello" to five people you know but usually don't talk to, using their name.**

Rock Climbing Club

Attention new and returning climbing! Today, Tuesday, October 1st is our first practice for the Tosa East/West Climbing team. We will meet from 5:30-7:30pm at Adventure Rock Milwaukee. Hope to see you there!

Fem Club

Fem Club starts today after school. Any one interested in matters of social justice check us out. All are welcome. The meeting is in Ms. Biebel's room - 270.

Raise Your Voice Psychology Club

Did you know that 1 in 5 adults will experience mental illness this year? This week is Mental Illness Awareness Week. If interested in helping increase awareness about mental health issues, join us for the Raise Your Voice Psychology Club meeting this Thursday, Oct. 3 after school in Rm 256. We will be discussing how mental illness has impacted people you know and creating awareness posters.

Career Center

UW Madison will be holding their college visit on Thursday Oct. 3rd during 1st hour in room 280 and Grinnell College(IA) will be holding their college visit on Friday Oct. 4th during 7th hour in the CC.

Athletics

If you love pizza, your chance to support the Wauwatosa Blazers Lacrosse Teams is coming on Sunday, October 6th at Pizzeria Piccola on State Street. Enjoy a meal there between 11:00 am and 9:00 pm on Sunday and 25% of your purchase will be donated

to the lacrosse teams. Eating pizza and supporting our teams - it doesn't get any better!!

Anime Club

Are you interested in Anime? Come join the new Anime Club. Our first meeting will be this **Wednesday, October 2nd**, in the ARC after school. All Anime enthusiasts are welcome! Have more questions? Email Emma Currie.

Have a great Tuesday!