Travel Time with Barb
May 6th 12:30-2:00pm
Stop into the Hart Park Senior Center with your questions about the upcoming trips for 2022.

Michael Leckrone Program
Wednesday, May 18th at 1PM-Tosa Room at the HPSC
$10/person
When Mike Leckrone became director of the University of Wisconsin Marching Band, interest in the band program was low. By creating a new demanding marching style, pregame run in, and the “fifth quarter” post-game performances, he emphasized showmanship and turned the program around. Mike will share an overview of his 50 years as Band director, including anecdotes and stories. He will discuss his history as an educator, leader, and motivator; and explain the journey of the UW Band Spring Concert, from a modest 400 hundred loyal fans in 1975, to a three-night extravaganza attracting more than 35,000 people.

Blood Pressure Checks –Hart Park Senior Center
Thursday, May 19th– 10:00am-11:30am
Are you looking to have your blood pressure checked by a qualified individual from the Wauwatosa Health Department? Stop by the Hart Park Senior Center on Thursday, April 21st to take part in this special service sponsored by the Wauwatosa Senior Centers in cooperation with the Wauwatosa Health Department.

Patrick McBride Program-The Luckiest Boy in the World
Wednesday, June 15th at 1:00PM
$3 members/$5 non-members
Growing up in Wauwatosa the McBride twins, Dennis (Mayor of Wauwatosa) and Patrick (UW Dept of Medicine) are local icons. Co-writing “The Luckiest Boy in the World”, Patrick and Dennis present experiences growing in Wauwatosa and Patrick working with the Milwaukee Braves, Brewers, Packers and Bucks will share encounters with some of the most famous athletes and people in the world. This is a program you don’t want to miss! Please contact the Hart Park Senior Center to make your reservations. 414.471.8495

What’s Happening:

May
5– Toe Nail Trimmers
6– “Expand Your Horizons” Program
6– Travel Time w Barb
11– Dress the Abbey Trip-HPSC
12– Toe Nail Trimmers
13– Senior Club BINGO!!
18– Michael Leckrone Program
19– Contemporary Book Club
19– Blood Pressure Checks-HPSC
19– Toe Nail Trimmers
20– Senior Club Book Discussion
26– Toe Nail Trimmers
27– Senior Club Movie
30– Senior Center Closed Memorial Day
31– Bargain Hunters Trial Trip-HPSC

June
2– Toe Nail Trimmers
3– Travel Time w Barb
9– Toe Nail Trimmers
15– Patrick McBride Program
16– Toe Nail Trimmers
16– Blood Pressure Checks-HPSC
23– Lavender Fields Trip
23– Toe Nail Trimmers
30– The Last Depot Program
Card Making Class—Hart Park Senior Center

Tuesday, May 10th 10:00-11:30
$6/participant
Come join card making guru Connie Phillips at the Hart Park Senior Center and make several greeting cards. The price of the class covers all your materials. All you have to do is show up and use your creative minds. Class is limited to 12 participants so please call the Hart Park Senior Center to reserve your spot 414-471-8495. Payment will be required upon registering to hold your spot.

WOW — A Social Club for the Widowed

WOW is a local group of men and women who have lost a spouse. Every member understands what it is to be walking in the shoes of someone who has lost a spouse. Sometimes old friendships no longer fit comfortably into your new life. The mission of WOW is to offer friendship to those who have lost a spouse. WOW provides interesting events, new friends and a fresh outlook. If you or someone you know has lost a spouse, this club might be just what you or they are looking for. For more information, please call: Harlan Mueller at (414) 791-4044.

Bocce Ball is Back!

Bocce Ball will begin on Monday, May 2nd at 10am….weather permitting.
We are looking forward to gathering again to enjoy the fresh air and some friendly competition. No experience is required. We hope to see you on May 2nd. Bring your own water or coffee. Donuts will be provided!!

The Wauwatosa Recreation Department helps to enhance the quality of life for Wauwatosa citizens of all ages by providing a variety of recreational activities, special events and services which encourage lifelong learning, fitness and fun.
Happy Mothers Day to all our mothers!! April was an exciting and busy month for the Wauwatosa Senior Centers. We have some exciting things planned for May. The Hart Park Senior Center is hosting former UW Band Director Michael Leckrone on May 18th. If you haven’t made reservations yet, please do by May 10th. You don’t want to miss out on this exciting program. We have so many other fun opportunities happening in May. Please browse through our newsletter and see what you can take advantage of. I know there is something for all of you to take part in.

We have had a great start with 2022 memberships. We are over 500 members. Please, if you have not fulfilled your membership for 2022 please do so. Not only is it important to you, but your membership is key to the sustainability of our centers. We will continue to work hard to safely offer programming inside our centers and continue to adhere to the guidelines that are set in place to make our centers safe for all our participants.

I look forward to seeing you at the Wauwatosa Senior Centers. Stop by my office, located inside the Hart Park Senior Center, to say hello. I would love to see you. As always...GO BREWERS!!

Kosta

Happy May Wauwatosa Seniors!!!

For ad info. call 1-800-950-9952 • www.lpicommunities.com   Hart Park Senior Center, Wauwatosa, WI    A 4C 01-2027
HART PARK SENIOR CENTER ACTIVITIES CALENDAR

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00: Yoga*</td>
<td>8:00: Tai Chi/ Qigong*</td>
<td>8:00: Yoga*</td>
<td>9:30: Slow Flow Yoga*</td>
<td>8:00: Yoga*</td>
</tr>
<tr>
<td>10:00– Bocce Ball</td>
<td>10:00: Acrylic Pg*</td>
<td>9:00: Advanced Spanish*</td>
<td>10:00: Music From the Hart</td>
<td>9:15: Cardio/Strength*</td>
</tr>
<tr>
<td>11:00: Zumba*</td>
<td>10:00: Greeting Card Class* (2nd Tuesday)</td>
<td>10:00: Intermediate Spanish*</td>
<td>10:00– Mixed Media*</td>
<td>10:00: Poetry Circle (2nd &amp; 4th Fridays)</td>
</tr>
<tr>
<td>11:30: Dining Site Meal Service</td>
<td>11:30: Dining Site Meal Service</td>
<td>11:00: Beginning Spanish*</td>
<td>11:30: dining Site Meal Service</td>
<td>11:30 : Dining Site Meal Service</td>
</tr>
<tr>
<td>12:00: Needlers (1st and 3rd Mondays)</td>
<td>12:00: Wii Bowling</td>
<td>11:00: Zumba*</td>
<td>12:00: Bridge</td>
<td>12:00: Sheepshead</td>
</tr>
<tr>
<td>12:00: Sheep shead</td>
<td>12:00: Sheep shead</td>
<td>12:30: Mindful Yoga*</td>
<td>12:00: Sheep shead</td>
<td>12:45: Contemp. Book Club (3rd Thursday)</td>
</tr>
<tr>
<td>12:00– CBS Class*</td>
<td>12:30: Writer’s Workshop*</td>
<td>12:45: Mah Jongg</td>
<td>12:45: Mah Jongg</td>
<td></td>
</tr>
<tr>
<td>12:15: Cribbage</td>
<td>12:50: Mentor Yoga*</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:00 WAW* (2nd and 4th)</td>
<td>1:15 Chair Yoga*</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>* Indicates fee required</td>
<td>Tosa Rec class</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

Toe Nail Trimmers, LLC
May 5th, 12th, 19th, 26th
Preregistration Required. Call 262-719-0336
Fee: $29/30 Minute Appointment
Receive a safe toenail trimming, foot massage, moisturizing and thorough foot assessment with self-help education from a Registered Nurse.

April Movie at Hart Park
Wednesday, May 18th at 12:30
Being the Ricardo’s– Academy Award Nominated
In 1952, Hollywood power couple Lucille Ball and Desi Arnaz face personal and professional obstacles that threaten their careers, their relationship, and their hit television show.

Cribbage Mondays
When: Mondays at 12:15
Where: Garden Room (HP Senior Center)
Are you wanting to learn to play a new game with a great group of teachers? Join our Cribbage group at the Hart Park Senior Center. We have a fun and friendly group that is looking for new participants and will graciously teach you how to play. Hope to see you there!

Wii Bowling
When: Tuesdays at 12:00 noon
Where: Garden Room (HP Senior Center)
Enjoy bowling without the heavy ball & funky bowling shoes. Bowlers get to play to see who can get the most strikes, spares & pins. Our Wii bowling on Tuesdays are great fun & exercise too! Hope to see you there!

MAH JONGG
When: Wednesdays at 12:00 noon
Where: Garden Room (HP Senior Center)
Try your luck at Mah Jongg, a tile-based game involving skill, strategy & a little luck. Draw & discard tiles to win!

SHEEPSHEAD
WHEN: Monday- Thursdays 11:30am-3:30pm
Where: Firefly Room (HP Senior Center)
This Midwestern game is king here at the Hart Park Senior Center. Play 5-handed, call an ace Sheepshead multiple times throughout the week! Hope to see you there!
# Tosa Senior Club Activities

**Tosa Senior Club Located at 7725 W. North Avenue**

Phone 414-479-8900 ext. 5789  
Sponsored by the Wauwatosa Recreation Dept. 12011 W. North Avenue

## May 2022

<table>
<thead>
<tr>
<th></th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| 3rd   | 11:00 - 3:00 Hard Rolls  
CARDS: Rummy, Bridge, Cribbage | 11:00 - 3:00 Hard Rolls & Ice Cream  
CARDS: Bridge, Cribbage & Sheepshead |                                               | 12:00 Light Lunch  
1:00 PRESENTATION: “Expand Your Horizons”  
by TOSA Foreign Exchange Students |
| 10    | 11:00 - 3:00 Doughnuts  
CARDS: Rummy, Bridge, Cribbage | 11:00 - 3:00 Ice Cream  
CARDS: Bridge, Cribbage & Sheepshead |                                               | 12:00 Light Lunch  
1:00 BINGO |
| 17    | 11:00 - 3:00 Hard Rolls  
CARDS: Rummy, Bridge, Cribbage | 11:00 - 3:00 Ice Cream  
CARDS: Bridge, Cribbage & Sheepshead |                                               | 12:00 Light Lunch  
1:00 BOOK DISCUSSION:  
*Beneath a Scarlet Sky*  
by Mark Sullivan |
| 24    | 11:00 - 3:00 Pie & Ice Cream  
CARDS: Rummy, Bridge, Cribbage | 11:00 - 3:00 Ice Cream  
CARDS: Bridge, Cribbage & Sheepshead |                                               | 12:00 Light Lunch  
1:00 MOVIE: “Black Panther” |
| 31    | 11:00 - 3:00 Hard Rolls  
CARDS: Rummy, Bridge, Cribbage |                                               |                                               |                                                             |

Senior Aerobics Tuesday and Friday 9:00 - 9:45 am.  
Optional additional exercise with hand weights following classes.

---

**PLEASE make your reservations by Wednesday for Friday lunches!!!**

**Fridays at the Senior Club: Fabulous Friday Lunches**  
Fabulous Friday Lunches continue at the Wauwatosa Senior Center. Call ahead and make your reservation with our gourment chefs, Donna and Bob. **Reservations are required by calling and leaving a message with Donna at (414) 795-6239.**
**Class Spotlights**

**Monday, Tuesday, Wednesday, Thursday and Friday Yoga and Chair Yoga**

8am-9am

**members: $25/ non-Members $35**

Come join Hart Park’s yoga instructors Tiffany Bruett, Donna Wolff and Rebecca Logan. **Call us at the Hart Park Senior Center 414.471.8495 for more information.** Spring Session began the week of April 11th. Spots are still available for a pro-rated fee.

**Zumba! Ditch the workout and join the party!**

**Mondays 11am-11:45am**

Fee: $25 members/ $35 non-members

**Call us at the Hart Park Senior Center 414.471.8495 for more information.** Spring session began the week of April 11th. Spots are still available for a pro-rated fee.

**Mixed Media**

**Thursdays from 10:30am-12:30pm**

Fee: $80

This class is an opportunity to experiment with a variety of drawing, painting and collage materials. Playful experimenting will be combined with exercises that will give you a framework to try out new ideas. The instructor will introduce concepts and demos at the beginning of each class. Individual instruction is given throughout class. **Call us at the Hart Park Senior Center 414.471.8495 for more information.** Spring session began the week of April 11th. Spots are still available for a pro-rated fee.

**Chair Yoga**

**Mondays at 1:15pm**

This gentle form of yoga is practiced sitting on a chair or using a chair for support during standing poses. Chair yoga is especially suitable for older adults, people with balance or coordination issues, and those with disabilities. Chair yoga helps increase flexibility, lung capacity, circulation and strength, improves balance, and relieves stress. The class incorporates breathing exercises, stretching, yoga postures, and final relaxation. **Call us at the Hart Park Senior Center 414.471.8495 for more information.** Spring session began the week of April 11th. Spots are still available for a pro-rated fee.

**Cardio/Balance/Strength**

**Mondays at 12:00pm**

**Fridays at 9:15am**

This Cardio/Balance/Strength classes aims to improve your cardiovascular health, balance, muscular strength and endurance. It is a class for all strengths and abilities. **Call us at the Hart Park Senior Center 414.471.8495 for more information.** Spring Session began the week of April 11th. Spots are still available for a pro-rated fee.

---

**Expand Your Horizons Program**

**Friday, May 6th at 1pm**

The foreign exchange students of Wauwatosa will be joining the Senior Club for lunch and then each of them will given a presentation of their homeland. It will be an enjoyable afternoon.

**Senior Club BINGO!**

**Friday, May 13th 1:00pm-2:30pm**

Come to the Senior Club and test you luck by playing several games of BINGO! Each card is .10cents...so bring your dimes!

**Book Discussion and Lunch at the Senior Club**

**Friday, May 20th at 1:00pm**

**Beneath a Scarlet Sky** is a novel based on the true story of forgotten war hero Pino Lella. When his family home in Milan is destroyed by Allied bombs, Pino joins an underground railroad helping Jews escape over the Alps. In an attempt to protect him, Pino's parents force him to enlist as a German soldier.

**Friday Lunch with a Movie**

**Friday, May 27th at 1:00pm**

**Black Panther**

After the death of his father, T’Challa returns home to the African nation of Wakanda to take his rightful place as king. When a powerful enemy suddenly reappears, T’Challa’s mettle as king -- and as Black Panther -- gets tested when he’s drawn into a conflict that puts the fate of Wakanda and the entire world at risk. Faced with treachery and danger, the young king must rally his allies and release the full power of Black Panther to defeat his foes and secure the safety of his people.
Volunteers Wanted

The Hart Park Senior Center is expanding their volunteer program to offer individuals a greater sense of:
- Well being
- Expanding with their community and make friends.
- Develop a personal tie to a cause and volunteering in unique and exciting opportunities.
- We can expand culture differences and a place to come together.

The Hart Park Senior Center offers a wide variety of interesting opportunities working on the:
- Travel
- Program
- Decorating Committees.

Contact the front office for more details at: (414)471-8495

Volunteers making a difference in the lives of others

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1621 Rivers Bend, Wauwatosa, WI 53226
oakparkplace.com/wauwatosasales

Hiring!

For ad info. call 1-800-950-9952 • www.lpicommunities.com
Hart Park Senior Center, Wauwatosa, WI B 4C 01-2027
Follow your heart to Hart Park Square

Schedule your tour to learn why experience matters in senior living!

Hart Park Square is in the heart of Wauwatosa and a vital part of the community. We have proudly been deficiency-free on every state survey since first opening in 2005 — a milestone in senior living. Discover why many seniors choose to follow their heart to Hart Park Square Senior Community!

A relationship-rich lifestyle that brings purpose, meaning, and new friendships.

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JKelling@carepatrol.com
www.carepatrol.com

For ad info. call 1-800-950-9952 • www.lpicommunities.com  Hart Park Senior Center, Wauwatosa, WI  C 4C 01-2027
PATRICK MCBRIDE PROGRAM “LUCKIEST BOY IN THE WORLD”

PATRICK MCBRIDE
THE LUCKIEST BOY IN THE WORLD

Growing up in Wauwatosa the McBride twins, Dennis (Mayor of Wauwatosa) and Patrick (UW Department of Medicine) are local icons. Co-writing “The Luckiest Boy in the World.”

Presenting experiences as a young man working with the Milwaukee Braves, Bucks and Packers, sharing encounters with some of the most famous athletes and people in the world.

Join us on Wednesday, June 15, 2022
Hart Park Senior Center at 1:00pm

Admission is:
$3.00 for Members and $5.00 for non-members

Hart Park Senior Center - 7300 Chestnut Center St.
414.471.8495

Wauwatosa Senior Centers
When I lived in Upper Michigan’s Big Snow Country, the 200 to 300 inches of the white stuff every year taught me to value spring. My house had a stone façade along the front where I’d let hope blossom by planting some flowers. The snow persisted into May, sheltered by the shade of a large pine tree. My joy was palpable the day I saw the crocuses poking up through the snow. Spring could rise forth from the dregs of a north woods winter after all.

Karin Schmidt
Writers Workshop
Blogs at amillionlittlememoirs.com
Travel Time with Barb
May 6th12:30-2:00pm
Stop into the Hart Park Senior Center with your questions about the Travel Show.

2022 Trips

April 22 – May 2 South Africa and Victoria Falls Tour
New Date: September 10th-20th, 2022

June 9-17 Columbia & Snake River
Join Barb Schumacher for a summer trip to the West Coast, starting in Portland OR ending in Spokane WA. Package includes airfare, transfers, cruising for a week on the American Pride paddle wheel, meals, excursions, and more.

July 13-15
Annual Mystery Tour expanded to 2 nights 3 days escorted by Barb Schumacher. Price is $559/double, $699 single. Deadline is May 13th. Maximum is 35.

August 18-19 Galena, IL
“The Last Potluck Supper” at the Bell Tower, one night at the Grand Hotel & Resort with breakfast, attractions and some meals. Leisure time for shopping or time at the casino. Deadline is August 1st.

Sept. 1-4 Washington DC
Join Barb Schumacher on this semi escorted trip to our Nation’s Capital. Package includes airfare, airport transfers, three nights at the Holiday Inn Express with daily breakfast (across from the Smithsonian trip) and a 48 hour hop on hop off pass. You pick your attractions and museums or spend a day at the National Library of Congress book fair. Deadline is July 8th.

October 1st-7th Cape Cod and the Islands
Round trip airfare from Milwaukee to Boston. Enjoy a Boston city tour with all the historical sites, including the famous Plymouth Rock. Spend the next 5 nights in Hyannis touring Martha’s Vineyard, New Port, RI and Nantucket. Early booking price is $2850/double if paid in full by July 18th.

November 29th-December 5th Historical South
Presented by Premier World Travel. Fly from MKE to Charleston, SC for sightseeing spending 2 nights, continue on to Beaufort, 2 nights in Savannah seeing Jekyll Island ending the trip with 2 nights in St. Augustine, FL. Early discount $2950/person based on double. Deadline is September 12.
**HART PARK SENIOR CENTER TRIPS**

**Hart Park Senior Center Day Trips**

- **May 18th** – Dancing Horses – Deadline is May 6th.
- **May 31st** – Bargain Hunters Trail Trip – Deadline is May 1st.
- **June 23rd** – Lavender Fields Trip – Deadline is May 24th.
- **August 10th** – Annual Brewers Game
- **August 31st** – Flower Power Trip – Deadline is August 1st
- **September** – TBD
- **October** – TBD
- **November 29th** – Annual Mystery Trip
- **December** – TBD

**We are looking for ideas for July, September and October. If you have an idea, please let us know. Look for flyers at the Hart Park Senior Center for additional details on these upcoming day trips in May, June and July.**

**BLOOD PRESSURE CHECKS**

**2022 Blood Pressure Screenings**

**Hart Park Senior Center**

10:00am – 11:30am

Are you looking to have your blood pressure checked by a qualified individual from the Wauwatosa Health Department? Stop by the Hart Park Senior Center on the following days to take part in this special service sponsored by the Wauwatosa Senior Centers in cooperation with the Wauwatosa Health Department.

| March 31 | August 18 |
| April 21 | September 15 |
| May 19  | October 20 |
| June 16  | November 17 |
| July 21  | December 15 |

**A CIVIL WAR SKETCH**

Don’t miss this amazing event!

**The Last Depot**

A Civil War Sketch

Written and performed by

**MARK L. GORMICAN**

Thursday June 30, 2022 – 1:00pm – 2:30pm

Mark presents a one person play re-enacting the events scoring the Civil War in Wisconsin.

Mark has an extensive background, working at the Gettysburg National Military Park in Pennsylvania, continuing productions in Milwaukee, and at the Thelma Sadoff Center in Fond du Lac.
**JUMBLES/PUZZLES**

**Mother’s Day Word Scramble #2**

1. SWMOID
2. EMHROT
3. EOVL
4. FEOLRWS
5. CPATPAERE
6. ROHTMADENRG
7. ETNPA
8. RHHCEIS
9. OHORN
10. NNIKDSSE
11. OMM
12. YILAMF

**SPRING Word Scramble**

Unscramble the Spring themed words below.

1. UARBMELL
2. UESFBTRTEIL
3. RLSOFWOE
4. UNSYN
5. IPLITSU
6. EISNSNUH
7. OLOSSBM
8. OIAWRNB
9. CICNIP
10. NGEARD

**Spot the Differences**

**PUZZLE TIME** Spot 10 differences
### Milwaukee County Senior Dining - Hart Park (May Menu)

#### Hart Park
7300 Chestnut Street

**For Curbside Pick-Up**

#### May

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Salad</td>
<td>Hard Salami</td>
<td>Taco Salad</td>
<td>Egg Salad</td>
<td>Submarine</td>
</tr>
<tr>
<td>Multigrain Bread</td>
<td>Asiago Bread</td>
<td>Seasoned Taco Meat</td>
<td>Whole Wheat Bread</td>
<td>Hoagie Roll</td>
</tr>
<tr>
<td>Broccoli Florets</td>
<td>Pea &amp; Cheese Salad</td>
<td>Tomato, Peppers,</td>
<td>Side Salad/Dressing</td>
<td>Cauliflower Florets</td>
</tr>
<tr>
<td>3-Bean Salad</td>
<td>Pickle Spear</td>
<td>Onion Lettuce,</td>
<td>Kidney Bean Salad</td>
<td>Grape Juice</td>
</tr>
<tr>
<td>Red Delicious Apple</td>
<td>Pineapple</td>
<td>Cheese, Dressing</td>
<td>Grapes</td>
<td>Fresh Pear</td>
</tr>
<tr>
<td>Orange Jello</td>
<td>Lorna Doone Cookies</td>
<td>Tortilla Chips</td>
<td>Snickerdoodle Cookie</td>
<td>Pistachio Pudding Cake</td>
</tr>
<tr>
<td>Roast Beef</td>
<td>Chicken &amp; Cheese</td>
<td>Tuscan Tortellini Salad</td>
<td>Turkey &amp; Swiss</td>
<td>Vermont Cheese</td>
</tr>
<tr>
<td>Italian Bread</td>
<td>Tortilla Wrap</td>
<td>Spinach, Salami,</td>
<td>Wheat Bread</td>
<td>Oatmeal Bread</td>
</tr>
<tr>
<td>Marinated Carrot Salad</td>
<td>Black Bean Salad</td>
<td>Olives Pepperoni, Mozzarella Lettuce, Dressing</td>
<td>Broccoli Salad</td>
<td>Garden Salad/French</td>
</tr>
<tr>
<td>Pickled Beets</td>
<td>Fruit Punch</td>
<td>Lettuce, Marble Rye Bread</td>
<td>Dinner Roll</td>
<td>Potato Chips</td>
</tr>
<tr>
<td>Strawberry Yogurt</td>
<td>Clementine</td>
<td>Tropical Fruit Cup</td>
<td>Cinnamon Applesauce</td>
<td>Fruit</td>
</tr>
<tr>
<td>Nutri-Grain Bar</td>
<td>Brownie</td>
<td>Lemon Meringue Pie</td>
<td>Granola Bar</td>
<td>Chocolate Chip Cookie</td>
</tr>
<tr>
<td>Egg Salad</td>
<td>Ham Salad</td>
<td>Chef's Salad</td>
<td>Tuna Salad</td>
<td>PB &amp; J</td>
</tr>
<tr>
<td>Sesame Bun</td>
<td>7-Grain Bread</td>
<td>Greens, Tomato, Cheese</td>
<td>Leaf Lettuce</td>
<td>Oatmeal Bread</td>
</tr>
<tr>
<td>Marinated Vegetables</td>
<td>Red Cabbage Slaw</td>
<td>Julienne Ham, Turkey, Egg</td>
<td>Tomato, Cucumber</td>
<td>Garden Salad/French</td>
</tr>
<tr>
<td>String Cheese</td>
<td>Pretzels</td>
<td>Croutons, Ranch Dressing</td>
<td>Croissant</td>
<td>Potato Chips</td>
</tr>
<tr>
<td>Apple Juice</td>
<td>Sliced Pears</td>
<td>Dinner Roll</td>
<td>Baby Carrots</td>
<td>Fruit</td>
</tr>
<tr>
<td>Oatmeal Raisin Cookie</td>
<td>Sugar Cookie</td>
<td>Cinnamon Applesauce</td>
<td>Sun Chips</td>
<td>Chocolate Chip Cookie</td>
</tr>
<tr>
<td>Ham &amp; Cheese</td>
<td>Submarine</td>
<td>Chicken Caesar Salad</td>
<td>Tuna Salad</td>
<td>Turkey Sandwich</td>
</tr>
<tr>
<td>Kaiser Roll</td>
<td>Sandwich</td>
<td>Grilled Chicken</td>
<td>Leaf Lettuce</td>
<td>w/Lettuce &amp; Tomato</td>
</tr>
<tr>
<td>Pasta Salad</td>
<td>Rainbow Slaw</td>
<td>Romaine, Tomato</td>
<td>Tomato, Cucumber</td>
<td>Whole Grain Bun</td>
</tr>
<tr>
<td>Cauliflower Florets</td>
<td>Orange Juice</td>
<td>Croulons, Parmesan</td>
<td>Croissant</td>
<td>Broccoli Slaw</td>
</tr>
<tr>
<td>Fruit Cocktail</td>
<td>Pineapple</td>
<td>Caesar Dressing</td>
<td>Baby Carrots</td>
<td>Orange Juice</td>
</tr>
<tr>
<td>Cereal Bar</td>
<td>Coffee Cake</td>
<td>Vienna Bread</td>
<td>Sun Chips</td>
<td>Mandarin Oranges</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Banana</td>
<td>Melon Wedge</td>
<td>Blueberry Muffin</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Peanut Butter Bar</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Closed
- Memorial Day

#### Reservations Required
- 9:30 - 11:30
- 24-Hour Notice
- Call Site: 414-257-3534

Learn more at county.milwaukee.gov/aging/diningmenus

Senior Dining Office: 414-289-6995

**Supporting Contributions:** $3.00

View Menus Online!

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15 | Wauwatosa Senior Centers
Hart Park Senior Dining
Meals Served Weekdays at 11:00
Suggested Donation: $3.00/Age 60+
Reservations ........................................ (414) 257-3534
Enjoy a nutritious meal and meet new friends. New
diners are always welcome! Just make a reservation by
noon the day before you wish to dine.

Weather Cancellations:
When the Wauwatosa School District cancels classes
and/or extra-curricular activities, Wauwatosa’s Senior
Centers are also cancelled. Tune to local radio and TV
stations for cancellation information.

Participant Code of Conduct
Any participant whose behavior infringes on the rights
of other participants and/or staff, volunteers and in-
structors, could be asked to leave the center.

EMERGENCY PROCEDURES
Tornado? Proceed to basement of the
building.
Fire? Get out of the building
Intruder? Hide! Take care of YOU!
If you need medical assistance, we will call 911.

Leave you Laughing!!