

LEARNING NEVER ENDS

...An Evening for Adults

Wednesday, October 19, 2022

6:30 - 9:15pm

Wauwatosa West High School

11400 West Center Street

The evening's schedule:

6:00 pm	Check-in begins
6:30 - 7:45pm	Session 1
7:45 - 8:00pm	Break
8:00 - 9:15pm	Session 2

To register:

Select 2 mini-courses and 2 alternates. All sessions will be filled on a first-registered basis.

Your mini-course schedule for the evening will be available at check-in.

Use the form provided and drop off, mail or fax with \$10.00 (cash, check, credit card) to:

Wauwatosa Recreation Department
11324 W. Center St.
Wauwatosa, WI 53222
FAX: (414)773-2920

For questions or more information on these courses:

- Go to www.tosarec.com

(Please print)

Name: _____

Address: _____

Home Phone: _____ Work Phone: _____ City: _____ Zip: _____

Email: _____

I would like to attend the following courses: (Please add at least one alternate in the event a course is cancelled.)

Choice #1 _____ Course Name: _____

Choice #2 _____ Course Name: _____

Alternate _____ Course Name: _____

Alternate _____ Course Name: _____

MasterCard/VISA _____ exp. date ____/____ 3-digits _____ Signature _____

LEARNING NEVER ENDS Registration Form

An Evening of Mini-Courses for Adults

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...An Evening for Adults

Wednesday, October 19, 2022

6:30 - 9:15pm

Wauwatosa West High School

11400 West Center Street



Sponsored by the
Wauwatosa School Dist. Recreation Department
11324 W. Center St., Wauwatosa, WI 53222

Phone: (414) 773-2900

Fax: (414) 773-2920

www.tosarec.com

Choose two of these exciting mini-courses, and pay only \$10.00 for a fun and informative evening!

Understanding Wisconsin's Weird Weather #01

Do you regularly say any of the following?

-Those meteorologists sure get paid well for being wrong all the time.

-Can you believe this weather? Do you think it's going to last?

-It's not supposed to be (hot/cold/rainy/dry) this time of year.

-They say it's supposed to be (warmer/cooler/sunny/rainy) all next week.

If yes, you will walk away from this mini-course with a new perspective on weather, a new appreciation for meteorologists, and you will never say any of those things.

Chris Johnson

Where Do I Begin? Selling Your Tosa Home in Today's Market #02

Join Katie Sprague, Kyle Sprague, & Katie Wakefield, Broker/Owners of Firefly Real Estate, to discuss 2022's Wauwatosa Real Estate Market. Topics include real estate marketing trends, home staging, appraisal versus assessment versus fair market value, and tips to capitalize on today's real estate market. Learn helpful information to apply to your future home sale!

Firefly Real Estate, LLC

6:30 only

HEAR Wisconsin – Resource for People with Hearing Loss #03

Unlike eyeglasses, hearing aids do not restore normal hearing. You may need an assistive device for special situations such as noisy restaurants, talking on the phone or watching TV. HEAR Wisconsin, a nonprofit, is Wisconsin's premier provider of comprehensive services and resources for children, adults and seniors who are deaf or hard of hearing. Need an iPad, iPhone, Samsung Galaxy or another device? If you have hearing loss you may qualify for a TEPP Voucher to purchase one at a greatly reduced price! Actual devices are part of the presentation. Special Feature: Live captions will be provided!

Laurie Flores & Margo Lucas

8:00 only

Dangers of Untreated Hearing Loss #04

Why is now the time to address your hearing loss? How is your brain impacted by refusing to get your hearing checked? What are OTC Hearing Aids and are they right for you? How can you talk to a friend or loved one about their hearing loss? This session will answer these questions and more. Handouts will be provided to explain in more detail and help you discuss the issue with family and friends. Special Feature: Live captions will be provided!

BJ Ermenc & Margo Lucas

6:30 only

Navigating Senior Living #05

Most individuals don't plan for the day when they need assisted living or memory care. Often this leaves families needing to make quick decisions about things they know little about in an emotionally charged time. Join Elder Care experts as they shed light on the complex world of long term care. Walk away with the knowledge you need to understand the options that exist in the world of senior housing and care and the importance of making sustainable choices.

Pam Foti & Jenny Wagner, Vesta Senior Network

6:30 only

Understanding Dementia and Memory Care #06

Each person is unique. When someone receives a dementia diagnosis that doesn't change. The care should also be unique and fit him or her as an individual. Gain a better understanding of dementia, prevention and treatment, and explore the many types of memory care programs that exist. What care is best for my loved one?

Pam Foti & Jenny Wagner, Vesta Senior Network

8:00 only

Downsizing and Organizing For A Peace Of Mind #07

Learn from the experts on how to downsize and organize. We will be showing you how to start what can seem like a daunting task. We'll help you identify what to do with the things you've down sized and debunk downsizing myths. You'll leave with lots of helpful tips.

Melinda Stuart, Smart Moves

6:30 only

Hands-Only CPR & Pulse Point #08

If a stranger needs CPR, do you know what to do? You CAN do something very important without doing mouth-to-mouth. Learn about hands-only CPR and why it is just as important. Also, learn more about how you can apply your newfound skills to help your community using Pulse Point!

Cody L. Xiong, Wauwatosa Fire Department

6:30 only

Tree to Table #09

A story of urban wood- Traditionally local urban backyard trees were chipped up into mulch or cut into firewood. Learn about the urban wood movement and how this underutilized resource is gaining in popularity as wood products such as lumber, slabs for furniture and other creative wood products.

August Hoppe, Hoppe Tree Service

6:30 only

The Art and Science Of Small Tree Pruning #10

Learn how to prune small trees and shrubs with confidence. We will discuss best practices for pruning to get the most out of your plants. Learn about the tools and tricks the professionals use to artfully prune trees with a scientific approach. Landscapes and some newer varieties of trees that can grow very successfully in our Wauwatosa area.

August Hoppe, Hoppe Tree Service

8:00 only

Just Clip It #11

Save those dollars! Do you look at the coupons and ever wonder what it all means? Do you see weekly coupons, and feel like you can never manage to save that? Participants who attend this class will learn how to save hundreds of dollars spending merely Pennies. Attendees will also learn the structure and organizational part to become successful at couponing.

Keisha Johnson

6:30 only

The Crafting Corner #12

What better way to welcome the upcoming Fall/Winter season! Make and build your own wreath and more! All supplies provided.

Keysha Terry, KNicole Divine Designs

Investing 101 #13

Attendees will learn the basics of money, including how to utilize your company's benefits for retirement and health-care, tips on managing debt and a high-level overview of investing in general.

Heather Deaton, Ellenbecker Investment Group

6:30 only

Leaving a Legacy #14

How would you like to be remembered? A legacy is about passing on values, beliefs, finances, and items of sentimental value to your loved ones. In this class you will learn ways to leave a legacy using investments, insurance, and estate planning.

Heather Deaton, Ellenbecker Investment Group

8:00 only

Spreadsheets & Alternatives to Excel #15

Upgrade your excel skills and learn about alternative software. The instructor will teach you how to create and use excel. You will learn helpful tips and skills that will allow you to easily store, organize and modify data within excel. Another plus, this course will also introduce you to alternative options to excel and how all these software options will help simplify personal daily or business needs.

Patty Jaeger, PLJ Computer Services, LLC

8:00 only

What's up with My Cable besides MY BILL? #16

Costs keep rising, what are my options? You don't have to cut the cord, but you can cut the price. If you're tired of your cable bill increasing with your cable TV provider, or if you just want to cut back on monthly expenses, come and learn the alternatives to cable that are less expensive, and still gain access to entertainment. Don't miss your favorite show, come, and learn how to save.

Patty Jaeger, PLJ Computer Services, LLC

6:30 only

Healthy Living for Your Brain and Body #17

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in areas of diet and nutrition, exercise, cognitive activity and social engagement and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Virginia Zepa, Alzheimer's Association

6:30 only

Healing after a toxic relationship or a divorce? #18

Meet Dheemarie - divorce + dream coach. Do you know the signs of a TOXIC relationship? Do you think you have been in a toxic relationship? Do you know how to heal so you don't repeat the same pattern? Discover life can be fulfilling after releasing the trauma of divorce.

Donnetta Davis

Protecting Your Mental Health Matters #19

Caring for your mental health is important. It affects how we think, feel, handle stress and the choices we make. Licensed professional counselor Tanzanique Cage is excited to listen and to empower you with methods, and techniques that will help you foster, sustain, and nurture your mental health. Don't let your struggle become your identity.

Tanzanique Cage, MS, LPC, SAC-JJ, Empowering Transformations Counseling LLC

6:30 only