

## Week of April 12th

<b>Monday</b>	<p><b>Goal</b></p> <ul style="list-style-type: none"><li>• School Safety - It's important that we orient students with the standard response protocol procedures if we had any type of emergency. We are not holding physical drills this year so it's important to discuss these as a class.</li></ul> <p>Lesson</p> <ul style="list-style-type: none"><li>• April 12-16 is Tornado and Severe Weather Week in Wisconsin. It's important that we orient students with the standard response protocol procedures if we had any type of emergency at school. We are not holding physical drills this year so it's important to discuss these as a class. It's also important to prep them for the potential "test" sirens that are supposed to go off twice on Wednesday (1:45 and 6:45pm) and what those sirens mean.</li><li>• You may be wondering, what is severe weather? There are different types of severe weather, some that are possible in Wisconsin and others that are not. We are going to watch this video to get a better understanding of what "severe weather" is.</li><li>• <a href="#">Severe Weather: Crash Course for Kids</a> (4.5 mins)</li><li>• If we were ever at school when severe weather came, we would follow the protocol called:<ul style="list-style-type: none"><li>○ <b>Shelter:</b> can explain to students that this is if there is really bad weather outside and we need to stay safe by being away from windows, in hallways and spaces with safely enclosed places to sit quietly.</li><li>○ If you are at home and severe weather hits, it's important to know where the safe spaces are in your house. This is something you should talk about and ask your parents about to make sure you have a plan!</li></ul></li></ul>
<b>Tuesday</b>	<p><b>Goal:</b></p> <ul style="list-style-type: none"><li>• Practicing Positive Self Talk (UE &amp; AP)</li><li>• Feeling Frustrated (CH &amp; LE)</li></ul> <p>Lesson:</p> <ul style="list-style-type: none"><li>• UE &amp; AP:<ul style="list-style-type: none"><li>○ Last week we talked about positive self talk and personal affirmations. We are going to dig deeper into that today by practicing reframing unhelpful thoughts into positive ones and doing some self reflecting.</li><li>○ Follow <a href="#">Slides</a> for lesson.</li></ul></li><li>• CH &amp; LE:<ul style="list-style-type: none"><li>○ Raise your hand if you have ever been frustrated when trying to do something? Sometimes you might be frustrated because you can't do something you want to do and other times you may get frustrated because you have to do something you don't want to do and other times you may be frustrated because you don't know how to do something. Frustration is a natural feeling, but it's something you can work through! It's also important to know how to read others body language so you know when they are frustrated.</li><li>○ Follow <a href="#">Slides</a>.</li></ul></li></ul>

<p><b>Wednesday</b></p>	<p>Goals</p> <ul style="list-style-type: none"> <li>● <a href="#">Zones Check-In</a>- What are you feeling today? What Zone are you in? Why?</li> <li>● If you didn't get to things earlier in the week with Morning meeting, you can do it today.</li> <li>● Or, this is a great time to do class council and discuss topics generated by students in your room or class based things you want to talk about.</li> </ul>
<p><b>Thursday</b></p>	<p>Goal:</p> <ul style="list-style-type: none"> <li>● Social Awareness (Empathy)</li> </ul> <p>Lesson:</p> <p>CH: <a href="#">Empathy</a></p> <p><b>Discussion Questions</b></p> <ul style="list-style-type: none"> <li>● This video teaches you about empathy. What is empathy?</li> <li>● Why is empathy important?</li> <li>● Share a story of a time someone understood the way you were feeling.</li> </ul> <p>LE:<a href="#">What is Empathy? Video</a></p> <p><b>Discussion Questions</b></p> <ul style="list-style-type: none"> <li>● How do the kids in the film define the word "empathy?"</li> <li>● What does the word "empathy" mean to you?</li> <li>● Have you ever shown empathy to someone? What did you do?</li> </ul> <p>UE &amp; AP: <a href="#">Empathy Can Change the World video</a></p> <p><b>Discussion Questions</b></p> <ul style="list-style-type: none"> <li>● What is your personal definition of empathy?</li> <li>● Give an example of what it means to be empathetic.</li> <li>● Do you think empathy can change the world? Why or why not?</li> </ul>
<p><b>Friday</b></p>	<p>No School for Students</p>