

Week of November 23rd Morning Meeting Plans

Lesson/Goal: Gratitude

- Today we want to talk about the word, Gratitude. Give me a thumbs up if you've heard the word Gratitude before. Do we know what gratitude means? (allow students to define, explain, share what they know while working toward the definition). Definition: *the quality of being thankful; readiness to show appreciation for and to return kindness.*
- Why might we be talking about Gratitude today? (Thanksgiving is this week. However, it's also good to have gratitude year round and it's always a great time to talk about it).
- It's certainly been a unique year and sometimes it's easy to forget about all the little things that are easy to overlook or take for granted and be grateful. We are going to listen to a book that helps remind us of all the beauty around us and some of those little things that are easy to be thankful for.
- [Read Aloud - *The Secret of Saying Thanks* by Douglas Wood](#) (Can skip to 30 second mark to start video)
- Potential Discussion Prompts
 - What types of things did you notice they were grateful for in the story? Is this different than things that we would maybe list as being grateful for sometimes? What was the message that this book was trying to teach us?
- Gratitude Cards - have students use anything they have access to (paper, cardstock, stationary, etc) and create a gratitude card for someone that they'd like to show gratitude to that they haven't lately or ever.